

SHADE Consulting Ltd.
www.shadeconsulting.ca

One-on-One Consultation And Group Sessions

One-on-One Consultation

This service can be for individuals with a disability or their support personnel. All sessions are designed for the particular client. Possible referrals for one on one consultation may include individualized sexual health education or addressing particular sexual health needs. SHADE Consulting does NOT currently offer counseling services.

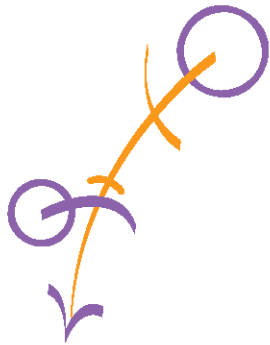
Cost: On-site at SHADE Consulting - \$115.50 per hour or portion thereof including GST.

At your location - \$115.50 per hour or portion thereof including GST PLUS \$35.00 per hour travel charges PLUS \$0.50 per kilometer plus any other applicable expenses.

Group Sessions

Groups are offered on-site at SHADE Consulting (small group size) or SHADE Consulting is available to facilitate groups on-site at your agency/school/day program. Topics for such groups vary depending on the needs and abilities of group participants. Groups usually run once per week for 4-8 weeks.

Cost: Please contact SHADE Consulting for a quotation for your group or check out our calendar page for upcoming groups at SHADE.



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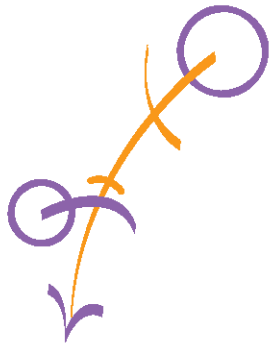
Telephone/email Consultation

SHADE Consulting is available for consultation via telephone or email. This service is intended for simple issues including assistance with finding appropriate resources, academic assistance and/or search services. SHADE Consulting reserves the right to decline to provide assistance in this manner when an in-person consultation is needed. SHADE Consulting does not accept any responsibility for the efficacy of the information provided, the efficacy with which it is used or any negative repercussions from such use. Follow-up research or searches are billed as charged time.

Cost: Phone/email - \$21.00 including GST per 15 minute period or portion thereof
(minimum charge of 15 minutes).

Note: Billing does not start until billing information is gathered. Information is not supplied until billing information is gathered.

Blocks of time may be pre-purchased at a discounted rate. Please contact us for more information.



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Support Team Training

Already have a great team in place and don't need to add another person to the mix? Still have a need for training or help with a client specific issue? SHADE Consulting offers team specific training and problem solving strategies for your particular client and team.

Cost: On-site at SHADE Consulting (small group) starting at \$577.50 including GST for 3 hours.

At your location – starting at \$550.00 plus GST for 3 hours plus \$35.00 per hour travel charges plus \$0.50 per kilometer.



Community Support Team Training

An in-depth five-day training course for staff identified within a community or organization as the designated sexual health support person or team. This course will ensure that the designated person or team knows about sexual health, has a comfort level with the topic, can deal with common issues that arise and knows some of the current resources available to help. This course is not designed to teach how to facilitate a sexual health group, rather it is intended for skilled practitioners to be your “front-line” staff to be there when the unexpected happens and to help your organization deal with sexual health in a proactive rather than a reactive manner.

Some of the topics we will cover include:

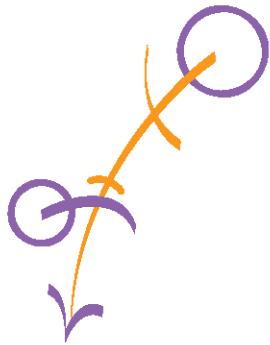
- role of the designated person
- logistics of that role
- current organizational policy and how it will affect/inform your role
- confidentiality
- documentation
- reporting

For a more detailed description of the content for this course please contact SHADE Consulting.

Cost: On-site at SHADE Consulting \$761.25 including GST per person
10% discount for groups of 3 or more from the same organization.

At your location - \$761.25 including GST per person PLUS travel costs of \$35.00 per hour PLUS \$0.50 per kilometer plus any other applicable expenses (minimum 5 participants).

Check out our calendar page for upcoming workshops at SHADE.



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Parent/Caregiver Workshops

SHADE Consulting offers a variety of parent/caregiver training/support workshops including:

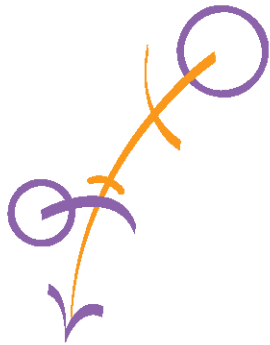
- Help! We've Hit Puberty!
- Menstrual Management
- Sexuality and Abuse Prevention

We can customize any presentation to your particular group. Please contact us for details.

Cost: On-site at SHADE Consulting – starting at \$52.50 per person or \$89.25 per couple supporting the same person including GST.

At your location – Please call us for an individualized quotation.

Check out our calendar page for upcoming workshops at SHADE.



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Staff/Agency/Teacher Workshops

Introduction to Sexuality and Disability

An introduction to the basics of sexuality and disability. This workshop is intended for workers new to the social services field or new to the topic of sexuality and disability. We will discuss the realities of what your role is, challenge your thinking about sexuality and disability and identify our own values systems and how they impact the way we work. This course does NOT cover teaching sexual health or working as a team member specifically supporting sexual health. For more information on other courses please see Community Support Person Training course.

Cost: On-site at SHADE Consulting - \$157.50 per person including GST (Includes coffee and snacks) - 10% discount for groups of 5 or more people from the same organization/community team.

At your location - \$157.50 per person including GST PLUS travel costs of \$35.00 per hour PLUS \$0.50 per kilometer plus any other applicable expenses.

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Staff/Agency/Teacher Workshops

Program Development (for children, adolescents, adults)

This workshop is designed for people with educational training and a solid understanding of pedagogy. We will focus on what needs to be taught, resources that are available and designing your own program for the class you are teaching now. Classes will be offered specifically for children, adolescent and adult program development. Classes will be offered over 4 weeks – 2 hours per week. By request, this course can be offered as a one day workshop.

For a more detailed description of the content for this course please contact SHADE Consulting.

Note: SHADE Consulting reserves the right to decline registration for this class from people it has determined do not have an appropriate educational background.

Cost: On-site at SHADE Consulting - \$210.00 per person including GST.

At your location - \$210.00 per person including GST plus travel costs of \$35.00 per hour PLUS \$0.50 per kilometer plus any other applicable expenses.

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Staff/Agency/Teacher Workshops

Talk About Touch – Abuse Prevention and Identification

This workshop explores the issues of touch, the role of support staff with persons with disabilities and the considerations families and care providers need to consider when dealing with intimate care issues. Participants will learn about what current resources might be helpful, the signs of abuse and what to do if you suspect abuse of a family member or client.

Cost: On-site at SHADE Consulting - \$105.00 per person including GST

At your location - \$105.00 per person including GST plus travel costs of \$35.00 per hour PLUS \$0.50 per kilometer plus any other applicable expenses

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Staff/Agency/Teacher Workshops

Policy Development

This workshop is designed for executive directors, managers, administrators or senior staff to discuss the need for a comprehensive human sexuality policy within their agencies. The reasons for a policy will be presented as well as the basics of what needs to be included in a policy (topics that should be covered, responsibilities stated, etc) in order to make it comprehensive and effective. We will also discuss how to ensure that the staff working within an agency are familiar with the policy and enabled to follow through on policy with the population that they serve. Although the focus on many of these policies is around adults and sexual health, we will explore what is needed for policy within agencies which also serve children and adolescents. We will also explore how to communicate agency policy to families in a manner that is respectful of family values and still conveys policy and the rights of the individuals served.

Note: SHADE Consulting is available to provide assistance in development of human sexuality policy for your organization. Contact us for more information.

Cost: On-site at SHADE Consulting - \$78.75 per person including GST

At your location - \$78.75 per person including GST plus travel costs of \$35.00 per hour PLUS \$0.50 per kilometer plus any other applicable expenses

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