



**SHADE Consulting Ltd.**  
[www.shadeconsulting.ca](http://www.shadeconsulting.ca)

## **Body Talk Workshops Overview and Fees Langley/Aldergrove**

Body Talk workshops are offered by SHADE Consulting Ltd. in both English and French. Most of our presenters are certified teachers and members of the BC College of Teachers, others are experts in their own professions.

### **Workshop Overviews and Fees**

(Fees include mileage and travel time for the presenter).

1. 90 minute parent/caregiver workshop (evening workshop) plus 9:00 – 3:00 pm (5 hours) workshop for students. This workshop can be presented at elementary, middle or secondary schools. \$800.00 plus GST.
2. 90 minute parent/caregiver workshop (evening workshop) plus 2 hour family evening – 45 minutes for primaries with their parents/caregivers; 1 hour for intermediates with their parents/caregivers. This workshop is appropriate for elementary schools. \$650.00 plus GST.
3. 9:00 – 3:00 pm (5 hours) workshop for secondary students (no parent workshop). \$650.00 plus GST.
4. 30 – 60 minute workshops for daycares, preschools, out of school care settings. Length of time varies depending on the ages of the children in the setting. \$250.00 plus GST.
5. 90 minute parent/caregiver workshop for daycares, preschools or family support groups (usually evenings). \$250.00 plus GST.

Other workshops can be presented on request. Please contact SHADE Consulting Ltd. to discuss your needs and for pricing information.